

The Judo Academy



RETURN TO THE MAT CHECKLIST

- 1. An up to date judo license/membership of NI or Irish judo.
- 2. Irish Judo Association members should complete the online form at link below before returning, <https://irishjudoassociation.ie/covid19-resources/>
- 3. A booking form on The Judo Academy website. Completing this form includes confirmation of reading and accepting NGB 'Return to judo' guidelines and 'Opt in' to return to judo protocols.
- 4. A Gocardless payment mandate completed.
- 5. A 'Health Check' / 'Athlete Indemnity' form for each child at each session. 3,4 & 5 available on, <https://www.thejudoacademy.com/community-clubs>
- 6. Personal Sanitiser for use on hands and feet before and after practice, as well as after leaving the mats.
- 7. Personal Water Bottle, towel, and footwear to be kept in own bag close to the mats.

Without exception, all the above needs to be met to gain access to the mat